

Supporting your student when you work outside the home



DEVELOP A SUPPORT SYSTEM

Support from Family

- See if there are blocks of time a family member would be willing to support oversight of virtual learning or check on your child.
- Perhaps you have a family member who is particularly good in math or writing or has a passion for history or science. Ask if they would be willing to support your child in these content areas.

Support from friends, neighbors and church communities

- Virtual school is happening everywhere. Ask around to see if there are any parents who are willing to partner together to help support your student during their virtual learning.
- There are many co-ops forming of parents who work together to manage virtual learning – similar to setting up a carpool rotation. Friends, neighbors, and communities are working together to support each other's children.



CHECK IN WITH YOUR CHILD

Before Work

- Sit down with your child at the beginning of the day before you leave for work (if possible) and review the schedule/plan of action for the day.

While at Work

- Ask your student to share their login information with you so you can log into their on-line learning platform from your office and periodically check in on their daily progress.
- Set up a schedule of FaceTime or Zoom check-ins. Ask your student to share specifics with you.

After Work

- Review the checklist/schedule with your child at the end of the day. Share in the successes of the day and help your child on any assignments they may have struggled to complete.



UTILIZE YOUR RESOURCES

Your Child's Teachers

- Share the struggle you may be having with your schedule and juggling work and managing virtual school. The teachers may be able to provide additional support and schedule more regular connections with your child throughout the day.

Local Services

- Many local libraries and other organizations are offering free online tutoring services. See what services are available and use resources to support you, especially in content areas you are not comfortable in supporting your student.

Consider Hiring a Tutor

- Many college students, retired teachers, and stay-at-home parents are offering their services. One place to search for this type of service is [care.com](https://www.care.com).