

# ROLES IN THE HEALTHY AND UNHEALTHY FAMILY



## HERO

Fixer-upper, holds it all together, trustworthy, conscientious, mature, often oldest child



## SCAPEGOAT

Black Sheep, takes the blame

[EagleRanch.org](http://EagleRanch.org)

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## ENABLERS – MAINTAIN DYSFUNCTION BY PROTECTING



## PLACATER

Make it all better through negotiation or giving in



## VICTIM

Thinks they would be happy if the circumstances were different; Self-pity



## PERSECUTOR

This is all your fault . . .



## DEPENDENT/ ADDICT



## RESCUER

Can always fix it or help sweep it under the rug



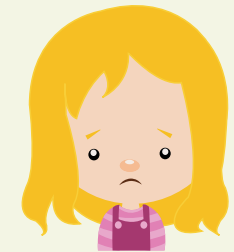
## MARTYR

Sacrifice/pay whatever it takes to fix this



## MASCOT

Clown, happy on the outside, sad on the inside



## LOST CHILD

Loner, isn't noticed

  
**EAGLE  
RANCH**