



# RUN THE RANCH 5K & FUN RUN

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## JUNE 3, 2017

Proceeds benefit Eagle Ranch, a non-profit residential children's program that helps boys and girls and their families work through crisis situations.

### THE DAYS ACTIVITIES AND FEES

- **5K:** A 3.1-mile course featuring beautiful wooded trails, rolling hills, and brief unpaved segments.  
(\$25 before May 21, \$30 after)
- **Nature Walk:** A 1.5-mile course featuring a beautiful, unpaved nature trail and fewer hills than our 5K option.  
(\$20 before May 21, \$25 after)
- **Fun Run:** A half-mile, family friendly, paved course.  
(\$15 before May 21, \$20 after)

*\*Registration fee includes premium race shirt and post race refreshments. Shirts are guaranteed to those who register by 5/21/17. Those registering after that date and on race day are not guaranteed a shirt.*

REGISTER  
online at

[RunSignup.com/EagleRanch](http://RunSignup.com/EagleRanch)



### Race Location

5500 Union Church Road  
Flowery Branch, GA 30542

*(follow signs to registration area)*

### SCHEDULE

**7:30 a.m.**

Check-in &  
Race Day Registration

**8:30 a.m.**

5K Run/Walk Start

**8:35 a.m.**

Nature Walk Start

**9:30 a.m.**

Fun Run Start

**10:00 a.m.**

Awards

Overall Winners

Masters Winners

Top 3 finishers

*(Age groups 10 & under to 75+)*

Best Corporate Team

Best Family Team

*\*All Fun Run finishers receive a ribbon*

### Post Race

Shirt & Goodie Bag Pick-up  
Family Activities & Fun



[EagleRanch.org](http://EagleRanch.org)

# PARTICIPATION

Individual  Family  Corporate Team  Run Supporter (receives t-shirt)  
 I'd like to make a donation to Eagle Ranch \$ \_\_\_\_\_

Runner 1 Name: \_\_\_\_\_

Fun Run  5K  Nature Walk DOB: \_\_\_\_\_

**Shirt Size:** Adult  S  M  L  XL Child  S  M  L

Runner 2 Name: \_\_\_\_\_

Fun Run  5K  Nature Walk DOB: \_\_\_\_\_

**Shirt Size:** Adult  S  M  L  XL Child  S  M  L

Runner 3 Name: \_\_\_\_\_

Fun Run  5K  Nature Walk DOB: \_\_\_\_\_

**Shirt Size:** Adult  S  M  L  XL Child  S  M  L

Runner 4 Name: \_\_\_\_\_

Fun Run  5K  Nature Walk DOB: \_\_\_\_\_

**Shirt Size:** Adult  S  M  L  XL Child  S  M  L

Runner 5 Name: \_\_\_\_\_

Fun Run  5K  Nature Walk DOB: \_\_\_\_\_

**Shirt Size:** Adult  S  M  L  XL Child  S  M  L

Runner 6 Name: \_\_\_\_\_

Fun Run  5K  Nature Walk DOB: \_\_\_\_\_

**Shirt Size:** Adult  S  M  L  XL Child  S  M  L

Runner 7 Name: \_\_\_\_\_

Fun Run  5K  Nature Walk DOB: \_\_\_\_\_

**Shirt Size:** Adult  S  M  L  XL Child  S  M  L

Runner 8 Name: \_\_\_\_\_

Fun Run  5K  Nature Walk DOB: \_\_\_\_\_

**Shirt Size:** Adult  S  M  L  XL Child  S  M  L

Runner 9 Name: \_\_\_\_\_

Fun Run  5K  Nature Walk DOB: \_\_\_\_\_

**Shirt Size:** Adult  S  M  L  XL Child  S  M  L

Runner 10 Name: \_\_\_\_\_

Fun Run  5K  Nature Walk DOB: \_\_\_\_\_

**Shirt Size:** Adult  S  M  L  XL Child  S  M  L

Runner 11 Name: \_\_\_\_\_

Fun Run  5K  Nature Walk DOB: \_\_\_\_\_

**Shirt Size:** Adult  S  M  L  XL Child  S  M  L

Runner 12 Name: \_\_\_\_\_

Fun Run  5K  Nature Walk DOB: \_\_\_\_\_

**Shirt Size:** Adult  S  M  L  XL Child  S  M  L

Runner 13 Name: \_\_\_\_\_

Fun Run  5K  Nature Walk DOB: \_\_\_\_\_

**Shirt Size:** Adult  S  M  L  XL Child  S  M  L

Runner 14 Name: \_\_\_\_\_

Fun Run  5K  Nature Walk DOB: \_\_\_\_\_

**Shirt Size:** Adult  S  M  L  XL Child  S  M  L

Runner 15 Name: \_\_\_\_\_

Fun Run  5K  Nature Walk DOB: \_\_\_\_\_

**Shirt Size:** Adult  S  M  L  XL Child  S  M  L

Runner 16 Name: \_\_\_\_\_

Fun Run  5K  Nature Walk DOB: \_\_\_\_\_

**Shirt Size:** Adult  S  M  L  XL Child  S  M  L

**Payment Method:** Credit Card, Cash or Check (*payable to Eagle Ranch*)

Card Type (*e.g. Visa*) \_\_\_\_\_ Credit Card # \_\_\_\_\_ Exp. \_\_\_\_/\_\_\_\_ CVC \_\_\_\_\_

Total to Charge to Card \$ \_\_\_\_\_

**Billing Information (required):** Name \_\_\_\_\_

Address \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

**Waiver and Liability Release (required):** I hereby express and affirmatively state that I and my family members named herein wish to participate in the above stated activity. I realize that participation in this activity involves risks of injury, including but not limited to loss of future earning capacity, loss or damage to personal property, various degrees and severity of injury, all other possible risks of injury and even death which occur by reason of my/family members participation and release Runner's Fit and Eagle Ranch Inc., its agents, employees, volunteers, board, sponsors and any affiliates there from. I voluntarily choose to participate, or allow my child to participate, assuming all risks.

Signature of Participant/Parent/Guardian \_\_\_\_\_

\_\_\_\_\_ Date \_\_\_\_\_

*Parent must sign if child under 18 years old.*

